

- Déesse Incoming – Artiste of your emotions –

Mid Alpes - Mid Provence



Duration : 7 days

Best time : May - October

Number of people (mini /max) : 20-50

*An exceptional region: its land, its landscapes, its cultural heritage...
Discover the largest artificial lake (by its capacity) in Europe.*

Day 1 : CHORGES

Arrival at the end of the day.

Welcome drink. Dinner and accommodation.

Day 2 : LAKE OF SERRE PONCON – BRIANCON

Breakfast, then departure for the **Tour du Lac de Serre Ponçon**. Passage to Savines le Lac, road to the **Demoisselles**, unusually large shapes formed by natural erosion, continuation to Sauze du Lac, Espinasses and the Belvedere de Rousset from where you will have an unobstructed view of the Serre Ponçon dam.

Return for lunch.

In the early afternoon, drive to **Briançon**. **Guided tour** of this city of art and history whose Vauban fortifications are classified as a UNESCO World Heritage Site.

You will discover the collegiate church, the gargoyles and the typical alleys of this region.

In the late afternoon, return to your hotel for dinner and a lively evening.

Day 3 : THE QUEYRAS



Breakfast, then departure for the day to **Queyras**. Passage through Guillestre, the Gorges du Guil Road to **St Véran**: the highest municipality in Europe, nestled in the heart of the Queyras Regional Natural Park and classified among the Most Beautiful Villages in France, the country where "cockerels peck the stars"...

Guided tour of the "Soum" museum. It is installed in the oldest house in the village, with its high Queyras architecture, its wood floor which forms beautiful round paving in the courtyard and entrance. The mining tradition is shown in an old copper mine exhibition, while another evokes peasant life. Visit the village and enjoy some free time.

Lunch.

Stop at **the house of craftsmanship** which is a showcase of Queyrassin know-how, for example furniture...

Return to your hotel in the late afternoon for dinner and a lively evening.



Day 4 : DIGNE LES BAINS – SISTERON – TALLARD : in the footsteps of Napoleon

Breakfast, then drive to Provence and **Digne les Bains**. Guided tour through the old town. Discover the ammonite slab. This walk in the city centre is an invitation to go back in time, to discover the urban environment of a great French humanist and philosopher, Pierre Gassendi (1592 - 1655).

Drive to **Malijai**, a glance at **Noguiers Castle**, which was built between 1635 and 1643. This building is best known for having sheltered Napoleon I on the night of March 4 to 5, 1815.

Lunch.

In the early afternoon, take a **guided tour of a typical 17th century Provencal farmhouse**.

The Grandes Traditions Anciennes has left us the symbolism dedicated to the Olive Tree.

The olive tree is above all a symbol of Peace and Love: it was an olive branch that a Dove took to Noah, to announce the end of the flood. The Greek Emperors made their victories a reality by wearing an olive branch crown on their heads. Olive trees grew in abundance in the Alpes de Haute-Provence region more than 2,000 years ago.

Visit the premises of its olive press to the **authentic dovecote transformed into a museum**, passing through the "Boutique" of natural products (olive oil, soaps perfumed with Mediterranean scents, and sculptures of olive wood objects carved by artists from the region). Continue your day to **Sisteron**. **Guided tour** of this city known for its **citadel**, classified as a historical monument.



This citadel was not made in a day. It is made up of elements from different periods. The upper rampart and the round path date from the 12th century, the intermediate level from the 14th century and the forts on the first level were largely altered in the 19th century.

A little free time.

At the end of the day, return to your hotel for dinner.



Day 5 : THE COL BAYARD and GAP – EMBRUN

Departure towards the prefecture of the department: **Gap**, "the sweet capital", panoramic town tour with your guide: the museum, the theatre... then drive to Col Bayard.

Visit a **cheese factory and tasting**.

Lunch at the hotel.

Departure in the direction of **Embrun**, nicknamed "Nice des Alpes". **Guided tour** of the old town, the 12th century Cathedral. A little free time.

Return to the hotel. Dinner.

Day 6 : NOTRE DAME DU LAUS – BARCELONETTE

Breakfast, then drive to **Notre Dame du Laus**, located at an altitude of 930 m, in the heart of the Avance valley, the sanctuary of Notre-Dame du Laus finds its source and its vocation in the apparitions told about a young shepherdess from Saint-Etienne d'Avançon: Benoîte Rencurel. For 54 years - from 1664 to her death, on December 28, 1718 - Benoîte testified to the apparitions she received especially from the Virgin Mary (several times a year) and also from Christ on the Cross (5 encounters), from St. Joseph and from the angels.

Continuation towards the **Farm of the pass**, you will discover a generous nature.

On the program, a surprising sheepfold with alpacas, a nature museum, an exotic low courtyard, the traditional wool workshop and the goat fold with mohair goats... Cindy and Raphaël share with you their new life in the great outdoors through a guided tour.

Lunch at the hotel.

Departure in the early afternoon, towards the **Col de Vars**, then the beautiful **valley of Ubaye**. You will pass through Jausiers, before arriving in **Barcelonnette**. This city will seduce you with its southern and mountainous atmosphere. You will enjoy strolling through its lively streets lined with numerous shops. You can't miss Plaza Manuel with its beautiful fountain, colourful facades and pleasant terraces. You will be amazed by the Mexican villas that are located in Avenue de la Libération, bordered by vast parks. These villas were built between 1880 and 1930 by Barcelonnets who returned home after making their fortune in Mexico fabricating Mexican fabric. Return at the end of the day, to the hotel.

Local dinner.



Day 7 : DEPARTURE

Breakfast. Departure from your location.