

Weekend Trek in the Camargue



Duration : 3 days

Best time : Spring and Autumn

Number of People (mini /max) : 8-15

This is a pure "home stay!" We invite you to breathe a breath of fresh air and experience an incredible immersion in the heart of the Camargue. For a weekend, Pascal our guide, will take you on an unusual hike in the heart of the Regions Natural Park.

This 2-day mini-trek is semi-aquatic because this particular hike is in the ponds. It is therefore a real immersion in a unique environment and the opportunity to penetrate a fabulous and fragile ecosystem. The days will be punctuated by numerous breaks and ornithological observations.

Follow the guide....

Strengths :

- A semi-aquatic hike, a real adventure!
- Birds in high numbers....

- The Regional Natural Park of the Camargue, quite simply incredible!

DESTINATION : Camargue, Saintes Maries de la Mer

Formed since the Quaternary era, the Rhone Delta has not ceased to transform itself over the centuries, to become the largest wetland in France. It is one of the four largest deltas in Europe.

The Camargue is one of the most biologically rich regions in Western Europe. Located on the migration axe of birds from northern Europe to Africa, it forms a vital relay for birds. In order to maintain an exceptionally rich natural environment and agriculture necessary for local life, man had to intervene by setting up an important irrigation network. To maintain this balance between the environment and human activities, a "green" area was established between the tourist and industrial areas of the Mediterranean coast and then the Camargue Regional Natural Park was created in 1970.

Day 1 : First walk

Arrive at the hotel in the late afternoon. After installation in your accommodation, you leave for a short walk to observe the birds at sunset.

It is a first contact with the magic of this remarkable environment.

Meals at the hotel. Overnight stay.

Bird's Paradise

The Camargue has nearly 350 species of sedentary or migratory birds. They can be classified into 4 main families:

- Sedentary birds, such as the moustache tit and the jostling, which can be observed in the Camargue all year round.
- Summer nesting birds, from April to September, such as terns, bee-eaters, roll or hoopoes. They winter in Africa and breed in the Camargue in spring.
- Migratory birds, which are mainly found to leave in autumn and return in spring.
- Wintering ducks, from September to March. They come from Central and Northern Europe, looking for a milder climate.

Day 2 : Beauduc

Today, you will enter the heart of the Camargue.

Breakfast at the hotel, then departure for an unusual day trip to the Beauduc lighthouse. This hike does not involve any particular difficulty and very little difference in altitude (20 meters at most) for a distance of 8 to 10 kms.

We will cross a wild landscape between sky, sea, ponds and dunes and escape into the heart of nature.

Return and dinner at the hotel. Overnight stay.

Day 3 : Ride

Breakfast at the hotel, then departure for Saintes Maries de la Mer for a hike to the Gacholle Lighthouse OR a free bike ride OR a Land Art session to Charles' dunes. Beach Picnic.

End of our services.

BULLS AND HORSES FROM THE CAMARGUE

These animals have been an integral part of the Camargue landscape for a long time. During your stay, you will be able to observe herds of cows, bulls and horses in semi-freedom on land growing only reeds and salicornia or unsuitable for cultivation.

The herds are guarded by the "Guardian" who arrives on horseback. With a little luck, you'll see them patrol these wild territories, busy orienting their herds.

