

# **Provence between tradition and history**



**Duration :** 4 days / 3 nights

This school trip combines many themes for delightfully educational and fun moments to discover Provence: follow the most beautiful Roman routes for a jump into the past in Arles or Nîmes; admire the fabulous diversity of fauna and flora in the Camargue Regional Nature Park and observe the region's ancestral gestures in a typical Mas or in a traditional manad.

## The Region:

A paradise between land and sea, Provence is a region of contrasts, where beaches, mountains, canyons, history and tradition coexist perfectly to satisfy all tastes. A land of charm and softness, it welcomes you to its lavender fields as far as the eye can see or in the middle of an olive grove in search of cicadas. It impresses you with its monuments so full of history and legends, in its rich and diverse museums and enchants you with its traditions always carried with pride by its inhabitants. Provence, its Mediterranean sun, its gastronomy and its sweetness of life are eager to reveal all its secrets to you!

## Day 1 : First Steps in the Region



The morning will be devoted to an exceptional site, the **Pont du Gard**, in the footsteps of the Romans for a guided tour on the theme of water and history in a magnificent setting.

Lunch bag.

Afternoon visit to **Nîmes**, this Roman city located on the "Via Domitia" famous for its Magne Tower which dominates the gardens of the Fountain, its Square House or its two-storey Amphitheatre built in about 70 AD, still in use for concerts and bullfights.

Installation at your accommodation.

Dinner and accommodation.



## Day 2 : Charm and Traditions Around Arles

Departure for the **Old Mas**. This 8 acre park brings together farm animals, passionate craftsmen who have kept the gestures of yesteryear, activities and shows. An immersion in the beautiful old Provence.



Lunch bag.

Guided tour of the city of Arles, with its many UNESCO World Heritage sites. A charming city that inspired Van Gogh, it was once the provincial capital of ancient Rome and still has the remains such as its amphitheatre, ancient theatre, Constantine's baths, cryptoportics and the

cloister of Saint Trophime.

Return, dinner and accommodation.

## Day 3 : Around the Animals of the Region

Discover the Manade of Cavallini where intrepid riders will explain their traditional way of life to you as they attack herds of bulls. Demonstrations, games and cart tours will be on display.

Lunch bag.

Direction Camargue for the ornithological park of Pont de Gau. Come and share the intimacy of the wildlife in a natural environment of 148 acres. The paths pass through marshes, ponds, reed beds, lawns, sansouïres, roubines... the diversity of habitats favour the presence of a large number of species of birds, sedentary or migratory. Everything has been designed to facilitate the observation of several hundred flamingos, herons, storks, egrets, ducks, teal, passerines and other small waders.

Return, dinner and accommodation.

## Day 4 : Cultural Camargue



Breakfast. Visit of the Dead Aigues Salt Works. On board a small train, explore the landscapes rosy with salt and learn everything about how it is made thanks to the driver-guide. Stop at the foot of the salt marsh with access to the summit for an exceptional panoramic view.

Lunch bag.

Afternoon in Aigues Mortes, the medieval town of Camargue. Follow the guide in its mysterious dungeons and ramparts and then in its sunny alleys. This resurgent medieval city is a wonder to discover, for young and old alike.

Departure in the late afternoon. Break for dinner and return.